

# CLASSES — 2022/23



CLASSES FOR TODDLERS, CHILDREN AND ADULTS
ALL EXPERIENCE | ALL ABILITIES

# **WELCOME**

Hi, we owe you an apology. Because our **2022/23** class programme is so packed, you're going to have trouble picking what to do first! Our new brochure is bursting at the seams with 70 classes for all ages, all abilities and all interests.

Rock up to one of our music sessions. Take your place centre stage for theatre class. Make a song and dance out of your passion for musical theatre. Or take the jeté (that's jump to any newbies) and pop (and lock) into one of our ballet, street, break or creative dance classes. We believe the arts are for everyone and everyone should be for the arts so run a range of S.E.N.D classes too. Whether you're an old friend or you're taking your first step into the world of the performing arts, we can't wait to welcome you to **The Garage** for what promises to be an exciting year!

Hannah Bullent & Gabby Meadows

Participation Managers

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# **BOOKINGS, TERM DATES & CLASS LEVELS**

#### **HOW TO BOOK**

Online thegarage.org.uk/classes

By phone 01603 283382 In person at The Garage Dates and times are correct at time of publishing, and may be subject to change. Classes do not run on bank holidays and in school holidays. Most classes follow school years.

#### **PRIORITY BOOKING**

For existing participants, this is the opportunity to guarantee your place in class for the following term. Priority booking opens after half-term for the following term. Please note term fees are to be paid at the point of booking. We can accept bookings and payments in the lead up to the next term and once the new term has started, but your place is no longer guaranteed when general booking opens. We encourage you to book during this time if you wish to secure your place.

#### **GENERAL BOOKING**

We love to meet new participants each term. We encourage you make your booking early to guarantee a place in your chosen class, however you are welcome to join us for the remainder of the term should you not find out about us in time. If your chosen class is full, we will add you to a waiting list. Please note term fees are to be paid at the point of booking.

TERM DATES			
<b>AUTUMN 2022</b>	12 SEPTEMBER - 10 DECEMBER	12 WKS	HALF-TERM: W/C 24 OCTOBER
SPRING 2023	9 JANUARY - 25 MARCH	10 WKS	HALF-TERM: W/C 13 FEBRUARY
<b>SUMMER 2023</b>	24 APRIL - 24 JULY	12 WKS	HALF-TERM: W/C 29 MAY

CLASS LEV	ELS
OPEN	All are welcome, regardless of experience, you will work together in a supported environment with a team who can cater for the needs of individuals.
BEGINNERS	No experience needed, a great chance to start something completely new in a supportive environment.
IMPROVERS	For those who are confident with the basics and/or have previous experience and would like to progress and develop their skills further.

# **MY FIRST CLASSES (AGE 2-3 YEARS)**

The My First classes at **The Garage** are a wonderful way to explore creativity together with your little one. We will be delving into underwater worlds, flying through space and dancing in muddy puddles (imaginary of course!). My First sessions in theatre, dance, ballet and music will develop skills in movement, communication and self-expression.

At **The Garage** we believe it's never too early to begin your creative journey, and with our friendly and nurturing tutors to guide you, the adventure starts here!

	CLASS	SCHOOL YEAR OR AGE	LEVEL	TIME	AUTUMN DATE & C		SPRING T		SUMMER TERM DATE & COST	
MONDAYS	MY FIRST MUSIC & MOVEMENT	Age 2-3	OPEN	10-10.45am	<b>12 SEP</b> 12 WKS	£81	<b>9 JAN</b> 10 WKS	£67.50	<b>24 APR</b> 12 WKS	£81
TUESDAYS	MY FIRST THEATRE	Age 2-3	OPEN	10-10.45am	<b>13 SEP</b> 12 WKS	£81	<b>10 JAN</b> 10 WKS	£67.50	<b>25 APR</b> 12 WKS	£81
WEDNESDAYS	MY FIRST BALLET	Age 2-3	OPEN	10-10.45am	<b>14 SEP</b> 12 WKS	£81	11 JAN 10 WKS	£67.50	<b>26 APR</b> 12 WKS	£81
THURSDAYS	MY FIRST MUSIC	Age 2-3	OPEN	10-10.45am	<b>15 SEP</b> 12 WKS	£81	<b>12 JAN</b> 10 WKS	£67.50	<b>27 APR</b> 12 WKS	£81
SATURDAYS	MY FIRST PERFORMING ARTS	Age 2-3	OPEN	10-10.45am	<b>17 SEP</b> 12 WKS	£81	<b>14 JAN</b> 10 WKS	£67.50	<b>29 APR</b> 12 WKS	£81

Toddlers must be accompanied by an adult.

I love seeing the class develop using the children's ideas.

PARENT OF PARTICIPANT

# **CREATIVE CLASSES (PRE-SCHOOL-YEAR 13)**

Our classes for children and young people aged 3-18 offer a wide choice of dance genres, theatre and music. Each term you will learn new skills, develop technique, expand your creativity and grow in confidence in your chosen art form. Creative Classes offer exciting performance opportunities and future progression.

#### **BALLET**

Ballet develops co-ordination, strength, balance, flexibility and musicality. Our classes provide the structure and etiquette of a traditional class, while giving the opportunity to explore ballet creatively.

	SCHOOL YEAR OR AGE	LEVEL	TIME	AUTUMN DATE & C		SPRING TERM DATE & COST		SUMMER TERM DATE & COST	
YS	Pre-School	OPEN	1-1.45pm	14 SEP 12 WKS					
SDA	Reception	OPEN	3.45-4.30pm		£93	11 JAN 10 WKS	£77.50	26 APR	007
N D	Year 1 & 2	OPEN	4.30-5.15pm					12 WKS	£93
*	Year 3-6	OPEN	4.30-5.30pm						

#### **BREAKDANCE**

Breakdance is a high energy class giving you the foundation for moves including floor work, freezes and top rocking. Despite the wide age range participants are still supported to progress at individual pace.

	SCHOOL YEAR OR AGE	LEVEL	TIME	AUTUMN TERM DATE & COST		SPRING TERM DATE & COST		SUMMER TERM DATE & COST	
FRIDAYS	Year 3-13	OPEN	5-6pm	<b>16 SEP</b> 12 WKS	£93	<b>13 JAN</b> 10 WKS	£77.50	<b>28 APR</b> 12 WKS	£93

#### **CHOIR**

The Norfolk County Youth Choir is a great way to reconnect with live singing in a relaxed and welcoming space. Explore music, performance and share the fantastic benefits of singing together.

	SCHOOL YEAR OR AGE	LEVEL	TIME			SPRING TERM DATE & COST		SUMMER TERM DATE & COST	
TUESDAYS		OPEN	6-7pm	<b>13 SEP</b> 12 WKS	FREE*	<b>10 JAN</b> 10 WKS	FREE*	<b>25 APR</b> 12 WKS	FREE*

<sup>\*</sup>The choir is free to attend, but booking is required.

# **CREATIVE CLASSES (PRE-SCHOOL-YEAR 13)**

### **CREATIVE DANCE**

Participants explore movement in response to different themes, tasks, imagery and props. Class content includes led choreography and contemporary dance technique.

	SCHOOL YEAR OR AGE	LEVEL	TIME	AUTUMN T DATE & CO		SPRING TO		SUMMER DATE & C	
٧٥	Reception-Year 2	OPEN	4-5pm						
URSDA		OPEN	5-6pm	<b>15 SEP</b> 12 WKS	£93	<b>12 JAN</b> 10 WKS	£77.50	<b>27 APR</b> 12 WKS	£93
F	Year 7-11	OPEN	6-7pm						

### **MULTI-GENRE DANCE**

This class combines a variety of styles that introduces children to dance and allows them to explore movement and creativity. A great way to find out what you enjoy and then progress onto a specific genre.

	CLASS	SCHOOL YEAR OR AGE	LEVEL	TIME	AUTUMN TERM DATE & COST		SPRING TERM DATE & COST		SUMMER TERM DATE & COST	
MONDAYS	PRE-SCHOOL DANCE	Pre-school	OPEN	12.15-1pm	<b>12 SEP</b> 12 WKS	£93	<b>9 JAN</b> 10 WKS	£77.50	<b>24 APR</b> 12 WKS	£93

#### **MUSIC**

These classes develop music skills and build confidence in performing. From beginners through to advanced improvers' sessions, the focus is on creating music together and finding your own sound.

	CLASS	SCHOOL YEAR OR AGE	LEVEL	TIME	AUTUMN TERM DATE & COST		SPRING TERM DATE & COST		SUMMER DATE & C	
	ROCK SCHOOL*	Year 3-6	BEGINNERS	4-5pm	12 SEP	£93	9 JAN	£77.50	24 APR	£93
DAYS	ROCK SCHOOL*	Year 7-11	BEGINNERS	5.15-6.15pm	12 WKS	173	10 WKS	£//.3U	12 WKS	±93
MONDAYS	MUSICIANS' DEVELOPMENT PROGRAMME	Year 9-13	IMPROVERS	6.30- 8.30pm	<b>12 SEP</b> 12 WKS	£139.20	<b>9 JAN</b> 10 WKS	£116	<b>24 APR</b> 12 WKS	£139.20

<sup>\*</sup>This includes an additional weekly half-hour one-to-one instrument or vocal session.

# **CREATIVE CLASSES (PRE-SCHOOL-YEAR 13)**

# **MUSICAL THEATRE**

In these classes you will take a step into the musicals you love, and get to know some hidden gems as well, building your confidence and performance skills along the way.

	SCHOOL YEAR OR AGE	LEVEL	TIME	AUTUMN T		SPRING TERM DATE & COST		SUMMER TERM DATE & COST	
ΥS	Reception-Year 2	OPEN	4-5pm					<b>26 APR</b> 12 WKS	
DA	Year 3 & 4	OPEN	4-5pm	<b>14 SEP</b> 12 WKS	£93	<b>11 JAN</b> 10 WKS			
VESD,	Year 5 & 6	OPEN	5-6pm				£77.50		£93
	Year 7 & 8	OPEN	6-7pm						
>	Year 9-13	OPEN	7-8pm						

#### STREET DANCE

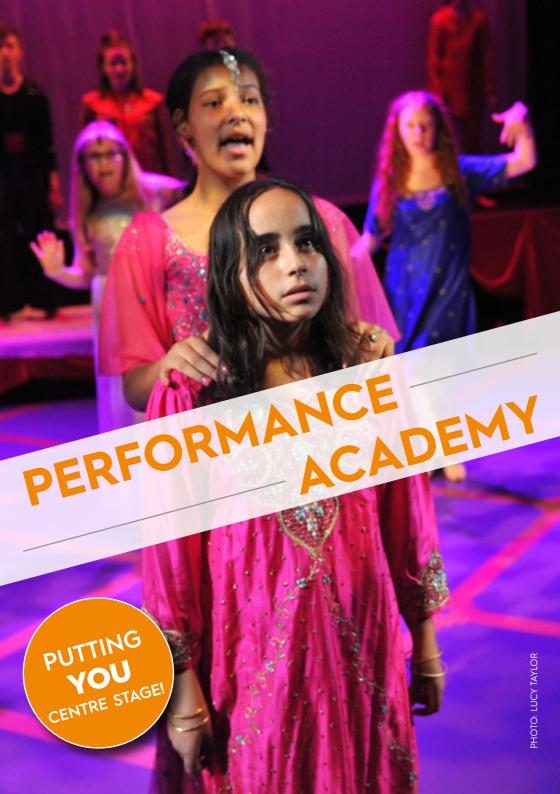
Fun and energetic classes with a great soundtrack, tailored for you to gain skills and confidence in street dance technique and choreography.

		SCHOOL YEAR OR AGE	LEVEL	TIME	AUTUMN :		SPRING TERM DATE & COST		SUMMER TERM DATE & COST	
		Reception	OPEN	4-5pm						
٤	2	Year 1 & 2	OPEN	4-5pm	<b>12 SEP</b> 12 WKS					
	E P	Year 3 & 4	OPEN	5-6pm		007	9 JAN	£77.50	24 APR	007
		Year 5 & 6	OPEN	5-6pm		£93	10 WKS	£//.5U	12 WKS	£93
E	Σ	Year 7 & 8	OPEN	6-7pm						
		Year 9-11	OPEN	7-8pm						

# **THEATRE**

From the early stages of role play and engaging theatre games, right through to more advanced script work and improvisation, you will get to create and perform.

	SCHOOL YEAR OR AGE	LEVEL	TIME	AUTUMN DATE & C		SPRING TO DATE & C		SUMMER DATE & C	
	Pre-school	OPEN	11-11.45am						
ပွ	Reception-Year 2	OPEN	4-5pm						
	Year 3 & 4	OPEN	4-5pm	<b>13 SEP</b> 12 WKS	£93	<b>10 JAN</b> 10 WKS	£77.50	<b>25 APR</b> 12 WKS	£93
TUESDA	Year 5 & 6	OPEN	5-6pm						
2	Year 7 & 8	OPEN	5.30-6.30pm						
	Year 9-11	OPEN	6.30-8pm	<b>13 SEP</b> 12 WKS	£139.20	<b>10 JAN</b> 10 WKS	£116	<b>25 APR</b> 12 WKS	£139.20
SATURDAYS	Year 9-11	OPEN	1.30-3pm	<b>17 SEP</b> 12 WKS	£139.20	<b>14 JAN</b> 10 WKS	£116	<b>29 APR</b> 12 WKS	£139.20



# PERFORMANCE ACADEMY

Over the course of the year, you will hone skills in acting, singing and dance, working towards a fantastic production in the summer of 2023. This is an amazing opportunity for anyone who loves performing, is passionate about musical theatre, and wants to experience all the elements of putting on a full-scale production.

There is no audition process and no experience required, we just ask that individuals are passionate to learn in all areas of performing arts. Commitment to weekly sessions, rehearsals and performances is essential. Junior and Senior Company members take part in the end of year production, and all fees cover both weekly classes and production costs.

	CLASS	SCHOOL YEAR OR AGE	LEVEL	TIME	AUTUMN TERM DATE & COST		SPRING TERM DATE & COST		SUMMER TERM DATE & COST	
SATURDAYS	MINI MOVERS	Reception-Year 2	OPEN	lpm-2pm	<b>17 SEP</b> 12 WKS	£93	<b>14 JAN</b> 10 WKS	£77.50	<b>29 APR</b> 12 WKS	£93
	JUNIOR*	Year 3-6	OPEN	10am-12pm	<b>17 SEP</b> 12 WKS	£186	<b>14 JAN</b> 10 WKS	£155	<b>29 APR</b> 12 WKS	£186
	SENIOR*	Year 7-11	OPEN	10am-1pm	<b>17 SEP</b> 12 WKS	£279	<b>14 JAN</b> 10 WKS	£232.50	<b>29 APR</b> 12 WKS	£279

<sup>\*</sup>Junior and Senior Company members take part in the end of year production.



Scan our QR code to keep up to date with what's happening in our Performance Academy and what show we are working towards!

# **ADULT CLASSES**

Whether you are returning to something you once loved, or want to explore new things, our classes for adults offer a wide choice of dance genres, as well as classes in theatre and singing. You will find yourself creatively challenged, and technical sessions will grow your confidence and ability. Adult classes start from age 16+, unless otherwise stated.

	CLASS	AGE	LEVEL	TIME	AUTUMN TERM DATE & COST		SPRING TERM DATE & COST		SUMMER TERM DATE & COST	
	BALLET	Age 50+	OPEN	1-2.30pm	<b>12 SEP</b> 12 WKS	£139.20	<b>9 JAN</b> 10 WKS	£116	<b>24 APR</b> 12 WKS	£139.20
	BALLET BARRE PILATES	Adult	OPEN	1.15-2.15pm	<b>12 SEP</b> 12 WKS	£93	<b>9 JAN</b> 10 WKS	£77.50	<b>24 APR</b> 12 WKS	£93
۸۶	DANCE FOR WELLBEING	Adult	OPEN	10am-12pm	<b>12 SEP</b> 12 WKS	£139.20	<b>9 JAN</b> 10 WKS	£116	<b>24 APR</b> 12 WKS	£139.20
MONDAYS	MAT PILATES	Adult	OPEN	12-lpm	12 SEP	£93	<b>9 JAN</b> 10 WKS	£77.50		
Σ	STREET DANCE	Adult	OPEN	8-9pm					<b>24 APR</b> 12 WKS	£93
	TAP	Adult	BEGINNERS	6.10-7.10pm	12 WKS					
	ТАР	Adult	IMPROVERS	7.15-8.15pm						
ESDAYS	SINGING	Adult	OPEN	1.30-3pm	13 SEP ,	0170.05	10 JAN	£116	25 APR	£139.20
TUES	THEATRE	Adult	OPEN	8-9.30pm	12 WKS	£139.20	10 WKS		12 WKS	2137.20
AYS	BALLET	Adult	OPEN	7-8.30pm	<b>14 SEP</b> 12 WKS	£139.20	<b>11 JAN</b> 10 WKS	£116	<b>26 APR</b> 12 WKS	£139.20
EDNESDAYS	CONTEMPORARY	Adult	OPEN	6-7pm	14 SEP	£93	<b>11 JAN</b> 10 WKS	£77.50	26 APR	£93
WEL	IRISH DANCING	Adult	OPEN	8.30-9.30pm	12 WKS				12 WKS	193
THURSDAYS	SEATED PILATES	Adult	OPEN	10.45-11.45am	<b>15 SEP</b> 12 WKS	£93	<b>12 JAN</b> 10 WKS	£77.50	<b>27 APR</b> 12 WKS	£93
FRIDAYS	CONTEMPORARY	Age 50+	OPEN	12-1.30pm	<b>16 SEP</b> 12 WKS	£139.20	<b>13 JAN</b> 10 WKS	£116	<b>28 APR</b> 12 WKS	£139.20

# S.E.N.D. & INCLUSIVE CLASSES

If you love the performing arts, want to express yourself, build confidence and meet new people, our Special Educational Needs and Disabilities classes are creative classes for those with a learning difficulty or disability. Inclusive Dance is a contemporary dance class and is open to all ages and abilities.

	CLASS	AGE	LEVEL	TIME	AUTUMN TERM DATE & COST		SPRING TERM DATE & COST		SUMMER TERM DATE & COST	
MONDAYS	INCLUSIVE DANCE	All	BEGINNERS	4-5pm	<b>12 SEP</b> 12 WKS	£93	<b>9 JAN</b> 10 WKS	£77.50	<b>24 APR</b> 12 WKS	£93
	INCLUSIVE DANCE	All	IMPROVERS	5-6pm						
TUESDAYS	D4DRAMA* (PERFORMANCE COMPANY)	Age 16+	IMPROVERS S.E.N.D.	7-8.30pm	<b>13 SEP</b> 12 WKS	£139.20	<b>10 JAN</b> 10 WKS	£116	<b>25 APR</b> 12 WKS	£139.20
TUES	THEATRE	Age 12+	BEGINNERS S.E.N.D.	6-7pm	<b>13 SEP</b> 12 WKS	£93	<b>10 JAN</b> 10 WKS	£77.50	<b>25 APR</b> 12 WKS	£93
THURSDAYS	D4DANCE* (PERFORMANCE COMPANY)	Age 16+	IMPROVERS <b>S.E.N.D.</b>	7.15-8.45pm	<b>15 SEP</b> 12 WKS	£139.20	<b>12 JAN</b> 10 WKS	£116	<b>27 APR</b> 12 WKS	£139.20
FRIDAYS	MUSIC	Age 12+	OPEN S.E.N.D.	6-7pm	<b>16 SEP</b> 12 WKS	£93	<b>13 JAN</b> 10 WKS	£77.50	<b>28 APR</b> 12 WKS	£93

\*For those who have experience in theatre/contemporary or have taken part in our S.E.N.D. classes. Places are limited and we can only accept new members when space becomes available.

I feel happy, excited and powerful!

S.E.N.D. CLASS PARTICIPANT



# PERFORMANCE COMPANIES

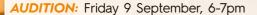
Performance Companies are for those with intermediate experience in their chosen art form, who are ready to commit to a year of developing their skills and creating performance work.

Selection is by audition and company members must commit to the full academic year. Auditions are in the form of a workshop and will take place the week commencing **Monday 5 September 2022**.

To book your audition or register interest in joining a Performance Company please contact **info@thegarage.org.uk**. For **Unsigned**, please send us examples of your music first.

# **BREAKIN' CREW**

Breakdance company for **school years 3-13**, aimed at dancers with experience in the art of Breakin', who wish to develop their individual movement style and enjoy sharing those skills with an audience.







# **FLEX**

A multi-genre dance company for young enthusiastic dancers with strong physical skills in **school years 7-12** who love to perform and wish to develop their technique and learn new skills.

**AUDITION:** Friday 9 September, 5.15-6.45pm

#### **FORWARD**

A contemporary dance company for **over 50s** who wish to work creatively and collaboratively to produce work for performance.

**AUDITION:** Thursday 8 September,

2-3.30pm



# PERFORMANCE COMPANIES



# **FUSION**

A multi-genre dance company open to all **adults (18+)** who share a passion for dance and performance and are interested in working creatively.

**AUDITION:** Monday 5 September, 6.30-8pm

#### THEATRE COMPANY

For passionate young actors in **school years 11-13** who wish to share stories they feel need to be heard. Suited to those who enjoy devising.

**AUDITION:** Tuesday 6 September, 7-8.30pm



# UNSIGNED

This programme will help bands or solo artists **aged 16-25** develop their musicianship, performance skills and identity.

**AUDITION:** Thursday 8 September, 5.30-8.30pm (you will be selected for audition)

PHOTOS: TEELE PHOTOGRAPHY & ANDI SAPEY



Scan our QR code to find out more, including costs and timetables for our Performance Companies.

Missed our September 2022 auditions? We'd love to hear from you if you're still interested. Email us at info@thegarage.org.uk

# **DISCOUNTS & BURSARIES**

### **AVAILABLE DISCOUNTS**

# Classes for young people (ages under 16) discounts of 10% are available

- · If you are in receipt of Universal Credit
- If the young person is a Go4Less card holder (or equivalent schemes in other districts) you can see if you are eligible and apply on your local council website
- If siblings book together. For this to be applied, you must book sibling classes in the same transaction (this can be the same of separate classes). This cannot be used in conjunction with any other offer

# Classes for adults (ages 16+) discounts of 10% are available

- · If you are in receipt of Universal Credit
- If you are a Go4Less card holder (or equivalent schemes in other districts) you can see if you are eligible and apply on your local council website
- · If you are aged 60+
- If you are attending full-time education

# **HOW TO CLAIM DISCOUNT**

Please contact us on **01603 283382** to discuss and claim your discount, your booking will then be continued over the phone.

#### **BURSARIES**

Our class programme is open to all. As a charity, we try to support people whenever we can to engage with our activity, and to remove barriers to accessing the performing arts. Should you require further financial support you can enquire about our bursaries by contacting us on **info@thegarage.org.uk** 



PHOTO: TEELE PHOTOGRAPHY

# **TASTERS & VISITING US**

### **TASTERS**

Want to try a class out? If you are unsure on which class to choose then why not book a taster session before committing. Our taster prices are below.

To book a taster, please call us on 01603 283382

CLASS/CLASS LENGTH	COST
MY FIRST CLASSES	82
45 MINUTE / 1 HOUR CLASSES	210
1.5 HOUR CLASSES	£15
PERFORMANCE ACADEMY: JUNIOR & SENIOR	£20

Please note, tasters may be subject to availability/tutor discretion.

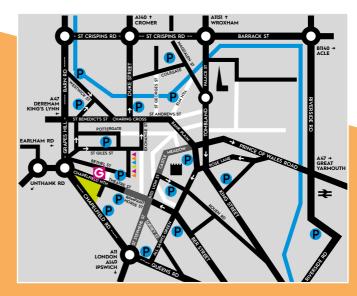
#### **VISITING US**

**The Garage** is situated opposite Chapelfield Gardens, in the centre of Norwich. We are close to city centre car parks and numerous public transport links.

#### **ACCESS**

If you are attending a class at **The Garage**, please let us know in advance if you have any access requirements. The building has a flat-level entrance with automatic doors, access to all floors via a lift and accessible toilets. There is a drop-off layby directly outside the venue (please note, this is not owned by **The Garage**).

All service dogs are welcome in the building.





The Garage is a charity with a mission to change people's lives through art. Working with young people who face challenges and disadvantage, our intervention and inclusion programme helps to make positive change through watching and taking part in the performing arts.

We reach hundreds of vulnerable and disadvantaged children, giving them a welcoming space to be themselves.

# The Garage

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