

Making Sure Mum and Dad Are Safe



Before they leave for work - Throw your arms around them and tell them you love them lots. Tell them to stay safe.

What have you done today? - Try to achieve something productive during your day at home. Mum/dad will be excited to hear about it when they get home.

Get creative - Draw up a checklist and stick it onto the front/back door. It should include, Leaving work shoes, outer clothes, bag, key chain and belt in the box. Wipe down house/car keys and phone with disinfectant.

Before your Mum/Dad arrive home - Run them a bath or turn on the shower for them. You can inform them what you have done once they are home.

Opening the door - Open the front/back door for your mum/dad. Maintaining social distancing, tell them to follow the checklist thoroughly. Instruct them to make their way to the bathroom to get all nice and clean.

How was your day? - Spend some time with your mum/dad. Talk about what you've been up to. Ask them if they've had a good day.

Show them some love - Now they are all nice and clean, show your mum/dad how much you love them, give them lots of kisses and cuddles. Never get tired of telling them that they are your hero.

