

Autumn/Winter 2023/2024: 4/9, 25/9, 16/10, 6/11, 27/11, 18/12, 8/1, 29/01

# WEEK 1



## MATN EVENT



#### MEAT-FREE MAGIC **Vegetarian Dish**



Vegetables and Salads



Filled Jacket

**Topped Pasta** 



# **Pudding**

PICK AND MIX

#### MONDAY

Chicken & Vegetable Meatballs in Tomato Sauce with Pasta **Twirlers** 

Sweet Chilli Vegetable Stir Fry with Whole Grain Rice

Mixed Salad

#### TUESDAY

Mild Chicken Curry with Whole Grain Rice

> Cheesy Broccoli Pasta Bake

Green Beans

#### WEDNESDAY

Sausages with **Mashed Potatoes** and Gravy

Homemade Cheese and Leek Sausages with Mashed Potatoes

and Gravy

Broccoli Daily salad bowl and freshly baked bread available every day

**Hot Pasta topped with Homemade Tomato Sauce** 

Peas

THURSDAY

BBQ Drizzle Pizza

with Baked Potato

Wedges

Tarka Dhal Curry

(Veggie Lentil Curry)

with Whole Grain Rice

**Baked Beans** 

FRIDAY

Golden Fish Fingers

or Salmon Fingers

with Chips

Pizza

Margherita

with Chips

#### **Crispy Skin Jacket Potatoes**

with Cheese or Beans

#### **Pick & Mix Packed Lunch**

Freshly filled sandwich or roll, healthy snack, home bake dessert & cut fruit

Toffee Sponge and Custard

Jelly & Fruit Slices Apple Crumble and Custard

Orange Cookie

Vanilla Ice Cream

Cut fruit, yoghurt and jelly available every day



**Autumn/Winter 2023/2024:** 

11/9, 2/10, 23/10, 13/11, 4/12, 25/12, 15/1, 5/2

# WEEK 2 MF | WEEK 2 LUN(H



### MATN FVFNT



MEAT-FREE MAGIC





Vegetables and Salads



**Topped Pasta** 



Filled Jacket



## PICK AND MIX



**Pudding** 

#### MONDAY

All Day Breakfast Brunch Sausage, Egg, Hash Brown and Beans

All Day Veggie Breakfast Brunch Veggie Sausage, Egg, Hash Brown and Beans

**Baked Beans** 

#### TUESDAY

Pizza Margherita with Baked Potato Wedges

Golden Vegetable Fingers with Baked Potato Wedges

Green Salad

#### WEDNESDAY

Minced Beef and Onion Pie with Mash

Super Veggie Pie Vegetable, Lentil and Onion Pie with Mash

#### THURSDAY

Chicken **Chow Mein** (Noodles)

Mexican Bean Wrap with Whole Grain Rice

#### FRIDAY

Golden Fish **Fingers** with Chips

**Cheesy Sweetcorn** Pizza with Chips

**Baked Beans** 

Sweetcorn

Daily salad bowl and freshly baked bread available every day **Hot Pasta topped with Homemade Tomato Sauce** 

Carrots

**Crispy Skin Jacket Potatoes** 

with Cheese or Beans

#### Pick & Mix Packed Lunch

Freshly filled sandwich or roll, healthy snack, home bake dessert & cut fruit

Apple Sponge Cake and Custard

Jammy Crumble Bars

**Tropical Pineapple** Crumble and Custard Orange Jelly

Vanilla Ice Cream

Cut fruit, yoghurt and jelly available every day



Autumn/Winter 2023/2024:

18/9, 9/10, 30/10, 20/11, 11/12, 01/01, 22/01,12/02

# LUNCH WEEK3 MENU



### MATN FVFNT



MEAT-FREE MAGIC Vegetarian Dish



KAINBOW ALLEY
Vegetables and Salads



BIG TOPPING Filled Jacket

**Topped Pasta** 



DECCERT TROLLEY

PICK AND MIX



#### MONDAY

Hot Dog with Baked Potato Wedges

Vegetarian Shepherd's Pie

**Green Beans** 

#### TUESDAY

Tomato & Roasted Vegetable Pasta Bake

Mixed Vegetable Korma with Whole Grain Rice

Broccoli

#### WEDNESDAY

Roast Gammon with Roast Potatoes and Gravy

> Baked Mac n Cheese

> > Carrots

#### THURSDAY

**Pizza Day!**Veggie Supreme Pizza
with Baked Potato
Wedges

BBQ Drizzle Pizza with Baked Potato Wedges

Peas

#### FRIDAY

Golden Fish Fingers with Chips

Golden Vegetable Fingers with Chips

**Baked Beans** 

Daily salad bowl and freshly baked bread available every day

Hot Pasta topped with Homemade Tomato Sauce

#### **Crispy Skin Jacket Potatoes**

with Cheese or Beans

#### **Pick & Mix Packed Lunch**

Freshly filled sandwich or roll, healthy snack, home bake dessert & cut fruit

Watermelon Wedge Chocolate Crunch and Custard

Oaty Apple Crunch Slice Strawberry Jelly Vanilla Ice Cream

Cut fruit, yoghurt and jelly available every day