



Allergy Menu - Autumn Winter 2023

Milk Free

Week One

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Option 1	Chicken & Veg Meatball Marinara & Pasta Mixed Salad	Mild Chicken Curry Wholegrain Rice Green Beans	Roast Sausages, Roasties Broccoli, Gravy	BBQ Drizzle Pizza Wedges Peas 750850	Golden fish fingers (Salmon or Pollock) Chips Baked Beans
Option 2	Sweet Chilli Vegetable Stir Fry Wholegrain Rice Mixed Salad	Creamy Broccoli & Cheese Pasta Bake Green Beans 751053	Vegan Sausage Roll Roasties Broccoli, Gravy 752054	Tarka Dhal Wholegrain Rice Sweetcorn	Margherita Pizza Chips Baked Beans 751082
Jacket Potatoes	Crispy Skin Jacket Potatoes				
The Finale	Ginger Cookie 468725	Jelly & Fruit	Tropical Pineapple Crumble	Orange Cookie	Custard 751120
<p>Please ensure dishes in this menu are created using the relevant recipe book for this allergy diet. Any dishes above without a dish number are the same as the core menu recipes</p>					

**Ready to
serve**





Allergy Menu - Autumn Winter 2023

Milk Free

Week Two

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Option 1	All Day Breakfast	Margherita Pizza Potato Wedges Green Salad 751111	Minced Beef & Onion Pie Mash Carrots, Gravy	Chicken Chow Mein Noodles Sweetcorn	Golden fish fingers (Salmon or Pollock) Chips Baked Beans
Option 2	Veggie All Day Breakfast	Veggie Fingers Potato Wedges Green Salad 738803	Veggie Cottage Pie Green Beans	Mexican Bean Wrap Wedges Peas 751005	Cheesy Sweetcorn Pizza Chips Baked Beans 750877
Jacket Potatoes	Crispy Skin Jacket Potatoes				
The Finale	Jelly & Fruit	Jammy Crumble Bars	Apple Crumble	Orange Jelly	Custard 751120

Please ensure dishes in this menu are created using the relevant recipe book for this allergy diet. Any dishes above without a dish number are the same as the core menu recipes.

Ready to serve





Allergy Menu - Autumn Winter 2023

Milk Free

Week Three

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Option 1	Hot Dog Potato Wedges Green Beans	Tomato & Roasted Veg Wholegrain Pasta Bake Broccoli 751150	Roast Gammon Roasties Carrots, Gravy	Veggie Supreme Pizza Baked Wedges Peas 751163	Golden fish fingers (Salmon or Pollock) Chips Baked Beans
Option 2	Veggie Lentil & Onion Pie Roasties Carrots, Gravy	Veggie Korma Wholegrain Rice Broccoli	Baked Macaroni Cheese Roasties Carrots, Gravy 750832	BBQ Drizzle Pizza Wedges Peas 750850	Baked Beans Chips Vegetable Fingers
Jacket Potatoes	Crispy Skin Jacket Potatoes				
The Finale	Watermelon Wedge	Chocolate Bricks	Oaty Apple Crunch	Strawberry Jelly	Custard 751120

Please ensure dishes in this menu are created using the relevant recipe book for this allergy diet. Any dishes above without a dish number are the same as the core menu recipes.